

Comparisons of Job Characteristics

Focus Occupation: Fitness Trainers and Aerobics Instructors (39-9031)

Associated Occupation: Lifeguards, Ski Patrol, and Other Recreational Protective Service (33-9092)

[Compare Knowledge](#)

[Compare Skills](#)

[Compare Abilities](#)

[Compare Detailed Work Activities](#)

[Compare Tools and Technologies](#)

<<	Focus occupation element is much lower
<	Focus occupation element is lower
0	Focus occupation element is at a similar level
>	Focus occupation element is at a higher level
>>	Focus occupation element is at a much higher level

Knowledge

Similarity of Focus Occupation to Associated Occupation: 75

Focus Occupation: Fitness Trainers and Aerobics Instructors (39-9031)

Associated Occupation: Lifeguards, Ski Patrol, and Other Recreational Protective Service (33-9092)

Associated Occupation's Key Knowledge Elements	Average Rating, All Occupations	Associated Occupation's Rating	Focus Occupation's Rating	Evaluation of Focus Occupation	
Customer and Personal Service	11.3	17.0	16.8	0	Current knowledge level may be sufficient
Public Safety and Security	6.9	13.6	5.1	<<	Extensive education and/or training may be required
Medicine and Dentistry	3.7	11.6	6.0	<<	Extensive education and/or training may be required
Psychology	6.4	11.2	10.6	0	Current knowledge level may be sufficient
Chemistry	4.8	10.3	2.4	<<	Extensive education and/or training may be required

The maximum possible rating is 25.

Source: Alaska Department of Labor and Workforce Development, Research and Analysis Section analysis of O*NET (Occupation Information Network) data.

Skills

Similarity of Focus Occupation to Associated Occupation: 82

Focus Occupation: Fitness Trainers and Aerobics Instructors (39-9031)

Associated Occupation: Lifeguards, Ski Patrol, and Other Recreational Protective Service (33-9092)

Associated Occupation's Key Skills Elements	Average Rating, All Occupations	Associated Occupation's Rating	Focus Occupation's Rating	Evaluation of Focus Occupation	
Critical Thinking	10.8	12.0	8.8	<<	Extensive development of skills in this area may be required
Social Perceptiveness	9.1	11.5	10.7	0	Current skill level may be sufficient
Judgment and Decision Making	9.4	11.1	8.2	<<	Extensive development of skills in this area may be required
Monitoring	9.9	11.0	10.5	0	Current skill level may be sufficient
Service Orientation	7.9	10.8	11.5	0	Current skill level may be sufficient

The maximum possible rating is 25.

Source: Alaska Department of Labor and Workforce Development, Research and Analysis Section analysis of O*NET (Occupation Information Network) data.

Abilities		Similarity of Focus Occupation to Associated Occupation: 49			
Focus Occupation: Fitness Trainers and Aerobics Instructors (39-9031) Associated Occupation: Lifeguards, Ski Patrol, and Other Recreational Protective Service (33-9092)					
Associated Occupation's Key Abilities Elements	Average Rating, All Occupations	Associated Occupation's Rating	Focus Occupation's Rating	Evaluation of Focus Occupation	
Problem Sensitivity	11.1	15.0	9.0	<<	Extensive improvement in abilities may be required
Oral Expression	12.4	13.0	12.5	0	Current ability level may be sufficient
Far Vision	7.8	12.3	7.3	<<	Extensive improvement in abilities may be required
Oral Comprehension	12.5	11.8	11.2	0	Current ability level may be sufficient
Deductive Reasoning	10.6	9.7	8.4	<	Some improvement in abilities may be required
Speech Clarity	10.2	9.6	10.8	>	Current ability level is likely sufficient
Speech Recognition	9.9	9.6	10.0	0	Current ability level may be sufficient
Flexibility of Closure	7.8	9.5	5.3	<<	Extensive improvement in abilities may be required
Speed of Closure	5.9	7.9	5.0	<<	Extensive improvement in abilities may be required
Stamina	4.0	7.6	13.8	>>	Current ability level is likely more than sufficient
Static Strength	5.0	7.4	10.8	>>	Current ability level is likely more than sufficient
Gross Body Coordination	3.9	6.6	13.2	>>	Current ability level is likely more than sufficient
Speed of Limb Movement	3.2	5.0	7.2	>>	Current ability level is likely more than sufficient

The maximum possible rating is 25.

Source: Alaska Department of Labor and Workforce Development, Research and Analysis Section analysis of O*NET (Occupation Information Network) data.

Activities that Both Occupations Have in Common		Similarity of Focus Occupation to Associated Occupation: 58
Focus Occupation: Fitness Trainers and Aerobics Instructors (39-9031) Associated Occupation: Lifeguards, Ski Patrol, and Other Recreational Protective Service (33-9092)		
Work Activities	Exclusivity of Activity	
Use first aid procedures	70	
Use oral or written communication techniques	1	

Not all positions in these occupations will necessarily perform all of the listed activities. The exclusivity rating is an indication of how unique the activity is amongst all occupations. The maximum rating is 100. High scores indicate that only a small number of occupations engage in that activity.

Source: Alaska Department of Labor and Workforce Development, Research and Analysis Section analysis of O*NET (Occupation Information Network) data.

Tools and Technologies that Both Occupations Have in Common

Similarity of Focus
Occupation to Associated
Occupation: 34

Focus Occupation: Fitness Trainers and Aerobics Instructors (39-9031)

Associated Occupation: Lifeguards, Ski Patrol, and Other Recreational Protective Service (33-9092)

Tools and Technologies	Exclusivity
Audio and visual equipment	4
Blood pressure units and related products	11
Content authoring and editing software	1
Emergency and field medical services kits	19
Emergency medical services resuscitation products	15

Not all positions in these occupations will necessarily use all of the listed tools and technologies. The exclusivity rating is an indication of how unique the tool or technology is amongst all occupations. The maximum rating is 100. High scores indicate that only a small number of occupations use that tool or technology.

Source: Alaska Department of Labor and Workforce Development, Research and Analysis Section analysis of O*NET (Occupation Information Network) data.